

NOVEMBER MENUS 2018

EAST MILLS COMMUNITY SCHOOL DISTRICT

BREAKFAST AND LUNCH MENU SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please remember to keep money in your child's meal account. Thanks</p>				<p>1 NO SCHOOL</p>	<p>2 NO SCHOOL</p>	<p>3 "This Institution Is an Equal Opportunity Provider"</p>
<p>4 WG cereal/cereal bar, or pop tart, ww toast, juice, fruit, and milk offered as alternative breakfast K-12. Bagel/Yogurt offered 7-12 as an alternative.</p>	<p>5 L. Chicken Fajita/WG Flour Shell/Lettuce/Cheese, Tomato, Fresh Broccoli, Mixed Fruit, WG Rice</p>	<p>6 B. WG Breakfast Patty, WW Toast, Juice, Apple L. Mr Rib/WG Bun, Baked Beans, Savory Carrots, Pears</p>	<p>7 B. WG Pancake Stick, Juice, Banana L. WG Chicken Nuggets, Broccoli/Cheese, Coleslaw, Strawberry/Bananas, WG Roll</p>	<p>8 B. Scrambled Eggs, WW Toast, Juice, Orange L. Maidrite/WG Bun, Corn, Green Beans, Peaches, Chocolate Cake</p>	<p>9 B. WG Long John, Juice, Apple L. WG Corn Dog, Romaine Lettuce, Baby Carrots, Mandarin Oranges, WG Scooby Doo Snack</p>	<p>10</p>
<p>11 We will be selling a la carte items during breakfast and lunch. Make sure your child has money in their account if they would like to purchase items.</p>	<p>12 L. WG Pop Corn Chicken, Broccoli/Cheese, Mixed Vegetables, Mandarin Oranges, WG Rice Krispie Bar</p>	<p>13 B. WG Bkf Pizza, Juice, Apple L. Hot Dog/WG Bun, Baked Beans, Savory Carrots, Peaches, WG Chips</p>	<p>14 B. WG French Toast, Juice, Banana L. WG Stuffed Crust Pizza, Romaine Lettuce, Fresh Broccoli, Fruit Smoothie</p>	<p>15 B. Sausage, WW Toast, Juice, Orange L. Turkey, Mashed Potato/Gravy, Green Beans, Pumpkin Bar, Cranberries, WG Roll</p>	<p>16 B. WG Muffin, Juice, Apple L. Walking Taco/Chili Con Carne/WG Corn Chips/Cheese, Corn, Baby Carrots, Pears</p>	<p>17</p>
<p>18 Salad bar or pizza offered as an alternative entrée for 7-12 grade lunch. Milk offered with meals skim or fat free, flavored or white.</p>	<p>19 L. WG Burrito/Cheese Sauce, Cooked Carrots, Mixed Vegetables, Rosy Applesauce</p>	<p>20 B. WG Bkf Patty, WW Toast, Juice, Apple L. WG Chicken Patty/WG Bun, Winter Mix, Peas, Peaches</p>	<p>21 B. WG Pancake Stick, Juice, Banana L. WG Spaghetti/Meat Sauce, Corn, Green Beans, Pineapple, WG Cheese Bread</p>	<p>22 NO SCHOOL </p>	<p>23 NO SCHOOL </p>	<p>24 </p>
<p>25 Breakfast is offered to elementary students on Monday if signed up.</p>	<p>26 L. WG Chicken Crispeto, String Cheese, Green Beans, Cooked Carrots, Rosy Applesauce</p>	<p>27 B. WG Bkf Pizza, Juice, Apple L. Hamburger/WG Bun (Cheese Slice 9-12), Baked Beans, Oven Fries, Mandarin Oranges</p>	<p>28 B. WG French Toast, Juice, Banana L. WG Chicken Strips, Broccoli/Cheese, Coleslaw, Strawberry Cup, WG Cookie</p>	<p>29B. Scrambled Eggs, WW Toast, Juice, Orange L. WG Pork Chop, Mashed Potato/Gravy, Peas, Peaches, WG Roll</p>	<p>30 B. WG Long John, Juice, Apple L. Taco/WG Flour Shell/Lettuce/Cheese, Tomato. Baby Carrots, Pineapple, WG Sports Cookies</p>	

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